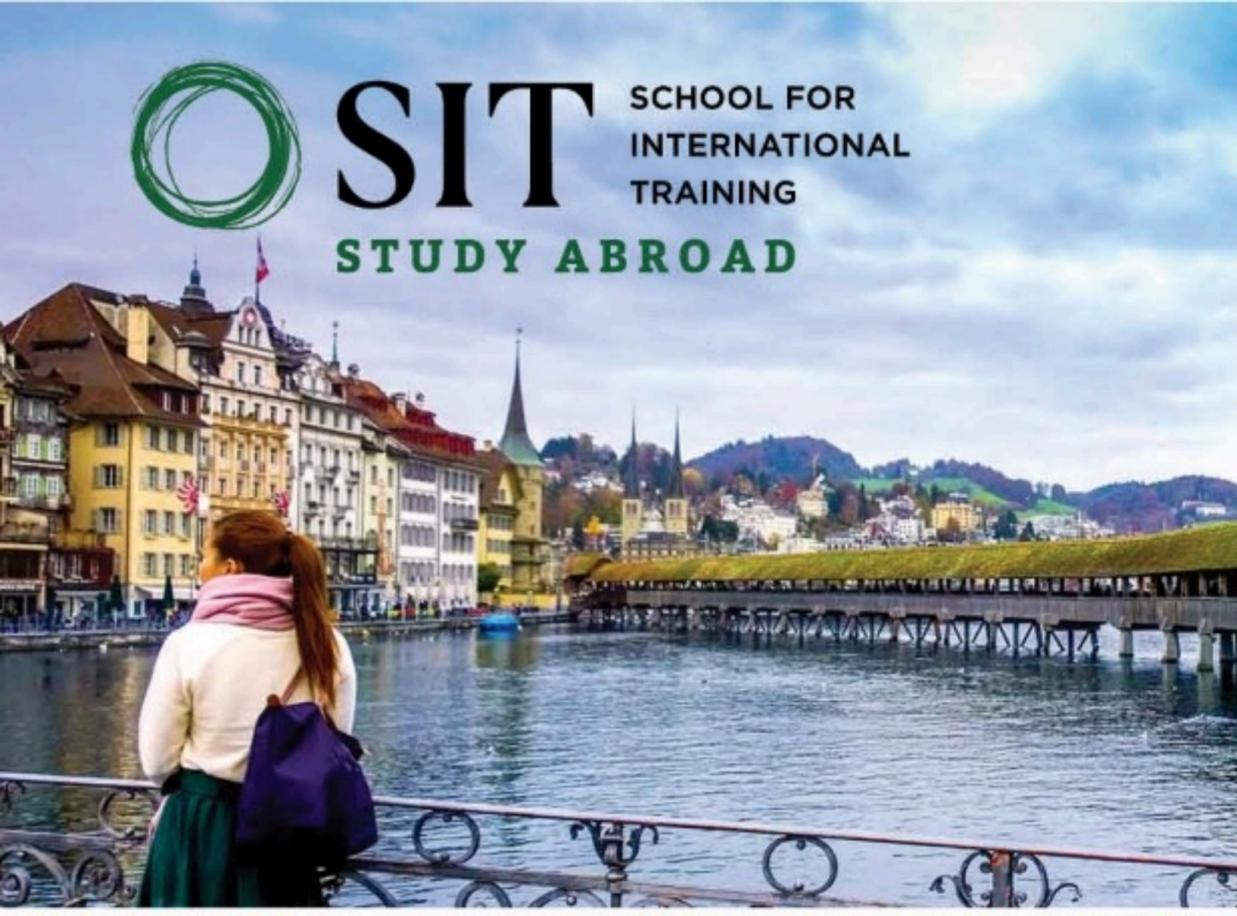




SIT SCHOOL FOR
INTERNATIONAL
TRAINING
STUDY ABROAD



STUDENT HEALTH & SAFETY WITH SIT STUDY ABROAD

Global Education with Support at Every Step

Studying abroad with SIT gives students the opportunity to engage deeply with the world through immersive learning, meaningful relationships, and real-world experience. SIT pairs transformative education with thoughtful planning, ongoing support, and active risk monitoring—every day, in every location.

While studying abroad naturally involves stepping into unfamiliar environments, your student is never doing so alone. With over 60 years of global experience, SIT has established strong support systems and clear response protocols to help safeguard student well-being, allowing families to feel confident and reassured while their student is abroad.

The support that SIT showed to our son when he was struggling made all the difference in the world.”

—Parent of SIT student, Nepal, 2025

OUR STAFF SPECIALIZES IN



Crisis response & 24/7 emergency phone line



Student, parent, faculty, & staff guidance



Mental health support



Safety & risk management



Sexual safety & Title IX



Policy & behavioral integrity



Training & skill building



Medical & security services



Accessibility services

SIT's Proactive Approach to Managing Risks

SIT is supported by a robust student health, safety, and well-being team of trained professionals who provide ongoing monitoring, guidance, and response across all program locations. By combining global resources, trusted partners, and on-the-ground expertise, SIT monitors evolving conditions daily and makes informed decisions to support your student's well-being.

SIT RISK ASSESSMENT COMMITTEE

Committee comprised of senior SIT staff evaluates and makes recommendations.

ON-SITE SIT FACULTY & STAFF

Leverage their extensive local networks to inform decisions about program safety, security, and operational integrity.

U.S. EMBASSIES & CONSULATES

Provide guidance and issue alerts about changes to embassy or consulate operations.

WORLD HEALTH ORGANIZATION

Coordinates responses to worldwide health emergencies.

INTEGRATED RISK

MANAGEMENT FRAMEWORK

GEOBLUE/CRISIS 24

Partner for medical and security assistance, providing travel risk ratings, critical alerts, and support during political events, natural disasters, or medical evacuations.

SIT MENTAL HEALTH CONSULTANTS

Provide confidential, short-term, solution-focused remote sessions and typically connect with students within 24 hours. Ongoing counseling offered through GeoBlue.

U.S. DEPARTMENT OF STATE

Provides travel advisories and country-specific guidance for assessing conditions abroad.

CENTER FOR DISEASE CONTROL & PREVENTION

Shares travel health notices and guidance related to public health conditions in countries where students study.

OVERSEAS SECURITY ADVISORY COUNCIL

Provides country reports used to inform program safety and security planning.

FAQs

WHAT HAPPENS IF MY STUDENT NEEDS MEDICAL ATTENTION?

SIT works closely with its medical assistance provider to identify reputable medical clinics and hospitals in every program location. If a student needs medical attention, a member of the local SIT staff or the homestay family will provide support and help them navigate the local healthcare system to ensure appropriate care. In the event of a serious illness or emergency where the student cannot contact their family on their own, the SIT student care team will promptly reach out on their behalf.

WHAT HAPPENS IN THE EVENT OF A POLITICAL CRISIS OR NATURAL DISASTER?

SIT prepares extensively for emergencies and has detailed emergency action plans in place. Students receive clear guidance on what to do and who to contact should an emergency arise. SIT's dedicated emergency response team closely monitors global and local conditions and is prepared to adjust programming or relocate students if necessary. In the event of a major crisis, SIT can evacuate students and move them to comparable program locations worldwide, ensuring academic continuity.



WHAT DOES THE SIT ORIENTATION PROCESS INVOLVE?

SIT provides a thorough orientation process to ensure students are well prepared and supported. Before departure, students complete a comprehensive pre-departure orientation and receive detailed materials covering travel documents, packing, health and safety, and important country-specific information. Once on site, students participate in an orientation that introduces them to local support resources, how to access medical care, homestay life, cultural expectations, and SIT's health, safety, and risk management policies—helping students feel confident and well supported from the start.

HOW DOES SIT SELECT HOMESTAY FAMILIES?

SIT carefully selects families who provide caring and welcoming homes—many of whom have hosted SIT students for years. Families are screened, trained, and regularly visited by homestay coordinators or program staff, who remain in close contact throughout the program. Students can be reassigned to another family if any serious concerns arise.

READ MORE FAQs AT [SIT.EDU/FAMILIES](https://sit.edu/families)





“Our team of dedicated student care professionals serve as the bridge for our students between the familiar and the unknown. We guide them in navigating their challenges and encourage them to build confidence in their own skills.”

—ANDREA BORDEAU

Vice President and Dean of SIT Risk Management

“The local team of every country was dependable and immediately met my needs. I found it crucial to be open with them because they were always looking out for me when my usual support system was so far.”

—SIT alum, Nepal, Jordan, and Chile, 2024

QUESTIONS? Contact SIT admissions at 888-272-7881 or studyabroad@sit.edu.

