



UNDERGRADUATE
STUDY ABROAD PROGRAMS
SUMMER | SEMESTER | INTERNSHIPS



SIT

SCHOOL FOR
INTERNATIONAL
TRAINING

STUDY ABROAD



SIT is a leader in immersive, field-based study abroad programs for undergraduates. Over a semester or a summer, engage in experiential, place-based learning that addresses today's most Critical Global Issues, from climate change to human identity, geopolitics to global health, and more. You'll find accredited programs in Africa, Asia and the Pacific, Europe, Latin America, and the Middle East, as well as comparative International Honors Programs (IHP) spanning four continents.

Extraordinary SIT opportunities include:

- Independent research supported by world-class faculty advisors
- Skills- and career-building internships at local, regional, and global organizations
- Homestays for cultural and community immersion
- Language-learning from Arabic to isiZulu
- Academically rigorous coursework through a culturally inclusive lens
- Excursions that take learning beyond the walls of the classroom
- Strong academic leadership, expert faculty, and experienced local staff
- 24/7 student support services

Experiential goes beyond the experience. SIT programs are deeply grounded in the experiential learning cycle of collective learning, reflection, and application. Building on 90 years of intercultural education and exchange programming, we maintain deep and meaningful partnerships with communities, institutions, and changemakers around the world.

Choose SIT for a transformative, extraordinary study abroad experience.

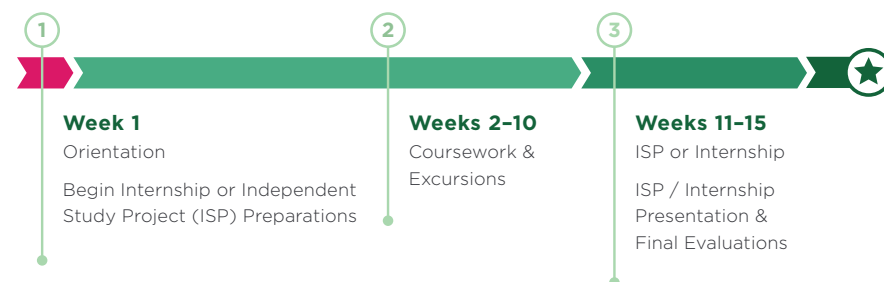


PROGRAM MODELS

Life-changing learning in an immersive setting

SIT's interdisciplinary programs provide life-changing learning opportunities. Each program curriculum is designed around a Critical Global Issue, providing you with a range of perspectives through world-class faculty, deep institutional partnerships, homestays, language learning, and independent research.

IMMERSIVE SEMESTER PROGRAM MODEL



SUMMER PROGRAM MODEL

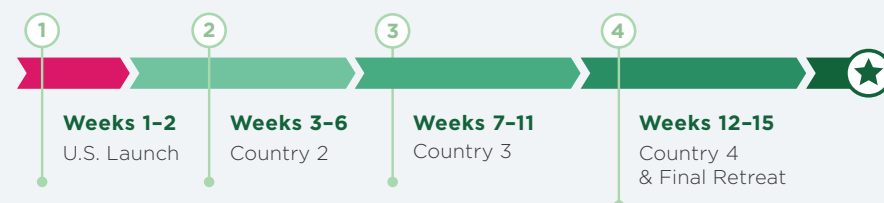


IHP offers a comparative approach

International Honors Programs integrate experiential learning across four continents, with an emphasis on multidisciplinary analysis of issues and culminating in a comparative research project.



IHP / MULTI-COUNTRY PROGRAM MODEL



WHAT'S NEW AT SIT

SIT has expanded its offerings to meet the evolving needs of students. We now offer greater flexibility in housing, independent travel opportunities, and new programs with academic track options. Students can explore programs on our website by filtering their areas of study and even earn a minor within a single semester, providing them with more tailored study abroad experiences.

EXPLORE EUROPE THROUGH THE IHP COMPARATIVE LENS

SIT is expanding its IHP portfolio with **four new IHP Europe programs**, starting fall 2026. These immersive, multi-country programs take students through **three European countries in one semester**, offering a rich, comparative look at key global themes, such as **biodiversity, cities, politics, and public health**. IHP Europe gives you a unique opportunity to explore pressing global issues from diverse European perspectives—all while building global insight, cross-cultural understanding, and academic depth.

YOUR PROGRAM, YOUR WAY

Launching fall 2026, new SIT semester programs in the **Netherlands, South Africa, Spain, and Switzerland** give you the freedom to **customize your experience** by selecting an elective that matches your passions and future plans. Whether you're looking to dive deeper into a topic you love or explore something entirely new, these flexible options let you shape an unforgettable experience that reflects who you are and where you're headed.

EXPANDED OFFERINGS FOR SUMMER 2026

SIT is excited to launch three brand-new programs designed to take your learning—and your summer—to the next level:

- **Australia:** Sustainability and Environmental Action
- **Netherlands:** Identity Matters Internship
- **Spain:** Social and Corporate Responsibility Global Internship

See all summer offerings at studyabroad.sit.edu/summer-programs.

FIND THE RIGHT PROGRAM FASTER

Finding a program that aligns with your academic interests just got easier—you can now **filter SIT programs by academic discipline** and discover the options that fit you best. Just head to studyabroad.sit.edu/programs, select your topic of interest using the **"Area of Study" filter**, and start exploring.

EARN A MINOR ON YOUR SIT SEMESTER ABROAD

Beginning spring 2026, select SIT programs will offer the option to earn an **academic minor**—built into the existing 16-credit semester program, with **no additional coursework required**. Just indicate your interest when you apply and pass all your classes with a C or higher. This standout credential will help boost your future job or graduate school applications. Contact your SIT admissions counselor to learn about available minors through SIT.

INCREASED HOUSING FLEXIBILITY

Homestays remain at the heart of the SIT study abroad experience, offering unmatched cultural immersion and everyday connection to local life. However, for students seeking a more independent living arrangement, **several programs now offer limited residential housing options**, such as apartments or dorms. While the experience differs from a homestay, students still engage deeply with the host culture. Learn more at studyabroad.sit.edu/housing.

INDEPENDENT TRAVEL POLICY

Students on all SIT Study Abroad programs are welcome to travel **independently and internationally** during program free time. Just submit your plans in advance and follow a few basic safety guidelines.



CRITICAL GLOBAL ISSUES

Confront Critical Global Issues through your study abroad experience

SIT programs are developed within a framework of Critical Global Issues (CGIs)—challenges that cross borders, languages, and cultures. Our programs take an interdisciplinary, comparative approach to provide global professionals with the knowledge, skills, and understanding to make a lasting impact.

studyabroad.sit.edu/critical-global-issues



CLIMATE & ENVIRONMENT

Focus on ecology, biodiversity, and conservation with an emphasis on environmental and social justice.



DEVELOPMENT & INEQUALITY

Explore efforts to balance ecological sustainability, economic opportunity, and inequality alongside the complexities of growth-centric development.



EDUCATION & SOCIAL CHANGE

Become a professional in international communication and learn how to advocate for local agency, support self-empowerment, and strengthen human potential.



GEOPOLITICS & POWER

Examine emergent geopolitical models and hear nuanced perspectives from leading political scientists, diplomats, policymakers, and civic activists engaged in reimagining the future.



GLOBAL HEALTH & WELL-BEING

Explore the potential of new science and technology to support all populations and the possibilities and limitations of contrasting health policies.



IDENTITY & HUMAN RESILIENCE

Examine the human condition and the realities of belonging in an increasingly mobile world where population movements shape new national, communal, and personal identities.



PEACE & JUSTICE

Explore how changemakers manage conflict constructively, balance reconciliation and justice, and support post-conflict remembrance and healing.



SIT STUDY ABROAD PROGRAM COUNTRIES

SIT Study Abroad offers immersive programs in **more than 30 countries**. Examine Critical Global Issues through deep geographical and cultural contexts or take an International Honors Program comparative approach to one issue across four continents.

ARGENTINA	MEXICO
AUSTRIA	MOROCCO
AUSTRALIA	NEPAL
CAMEROON	NETHERLANDS
CHILE	PANAMA
ECUADOR	PERU
GHANA	PORTUGAL
*GREECE	SAMOA
ICELAND	SENEGAL
INDIA	SOUTH AFRICA
INDONESIA	SPAIN
ITALY	SWITZERLAND
*IRELAND	TUNISIA
JORDAN	*UNITED KINGDOM
KENYA	ZANZIBAR
MADAGASCAR	VIETNAM

*IHP Europe Countries beginning fall 2026

Please note that SIT will make every effort to maintain its programs as described. To respond to emergent situations, however, SIT may have to change or cancel programs. Please visit the SIT Study Abroad website for the most up-to-date information at studyabroad.sit.edu.

- Program offers internship
- Option to earn a minor



CLIMATE & ENVIRONMENT

SEMESTER PROGRAMS

ARGENTINA

- People, Environment & Climate Change in Patagonia & Antarctica
sit.edu/are

AUSTRALIA

- Rainforest, Reef & Cultural Ecology
sit.edu/ase
- Sustainability & Environmental Action
sit.edu/asm

ECUADOR

- Comparative Ecology & Conservation
sit.edu/ece

ICELAND

- Climate Change & the Arctic
sit.edu/icc

ITALY

- Island Ecosystems in the Mediterranean
sit.edu/ite

IHP CLIMATE CHANGE

- The Politics of Land, Water & Energy Justice
sit.edu/cc

IHP EUROPE

Comparative Biodiversity & Conservation
sit.edu/bio

MADAGASCAR

- Biodiversity & Natural Resource Management
sit.edu/mge

PANAMA

- Tropical Ecology, Marine Ecosystems & Biodiversity Conservation
sit.edu/pne

PORTUGAL

Sustainability & Environmental Justice
sit.edu/por

TANZANIA

Wildlife Conservation & Political Ecology
sit.edu/tze
Zanzibar Coastal Ecology & Natural Resource Management
sit.edu/tzz

SUMMER PROGRAMS

AUSTRALIA

Sustainability & Environmental Action
sit.edu/asa

ICELAND

Renewable Energy, Technology & Resource Economics
sit.edu/ica (summer 1) sit.edu/ice (summer 2)

ITALY

Food Cultures & Sustainability
sit.edu/itn

INDONESIA

Biodiversity & Conservation in Bali & Borneo
sit.edu/abe

PANAMA

Marine Ecology & Blue Carbon Conservation in the Pacific & Caribbean
sit.edu/npa

PORTUGAL

Sustainability & Environmental Justice
sit.edu/pos

NEPAL

Geoscience in the Himalaya
sit.edu/pnb





DEVELOPMENT & INEQUALITY

SEMESTER PROGRAMS

CAMEROON

- Development & Social Change
In partnership with Dickinson College
sit.edu/cmr

IHP CITIES IN THE 21ST CENTURY

- People, Planning & Politics
sit.edu/ctb (spring) sit.edu/ctc (fall)

NEPAL

- Development, Gender & Social Change in the Himalaya
sit.edu/npr

VIETNAM

- Culture, Social Change & Development
sit.edu/vnr

SUMMER PROGRAMS

SPAIN

Social & Corporate
Responsibility Internship
sit.edu/isc

Sustainable Urban Development
& Social Justice
sit.edu/spu



GEOPOLITICS & POWER

SEMESTER PROGRAMS

IHP EUROPE

Contemporary Politics
sit.edu/pol

JORDAN

- Geopolitics, International Relations & the Future of the Middle East
sit.edu/jor

SOUTH AFRICA

- International Relations in the Global South
sit.edu/sfd

SPAIN

Social Movements, Democracy
& Cultural Identity
sit.edu/spr

SWITZERLAND

International Studies &
Multilateral Diplomacy
sit.edu/szg

VIENNA, BUDAPEST & BELGRADE

- Comparative European Perspectives on Conflict & Democracy
sit.edu/hrr

SUMMER PROGRAMS

SOUTH AFRICA

- Diplomacy, Politics & International Relations Internship
sit.edu/sfb

SWITZERLAND

International Studies &
Multilateral Diplomacy
sit.edu/szd

- Social Impact Internship
sit.edu/isz





GLOBAL HEALTH & WELL-BEING

SEMESTER PROGRAMS

ARGENTINA

- Public Health in Urban Environments
sit.edu/arh

CHILE

- Public Health, Traditional Medicine & Community Empowerment
sit.edu/cih

IHP EUROPE

Comparative Public Health
sit.edu/phe

IHP HEALTH & COMMUNITY

- Globalization, Culture & Care
sit.edu/hca

INDIA

- Public Health, Gender & Sexuality
sit.edu/inh

JORDAN

- Refugees, Health & Humanitarian Action
sit.edu/joh

KENYA

- Global Health & Human Rights
sit.edu/ker

SWITZERLAND

Global Health & Development Policy
sit.edu/szh

SUMMER PROGRAMS

INDIA

Traditional Medicine & Healthcare Practices
sit.edu/inm

JORDAN

- Counseling & Humanitarian Action Internship
sit.edu/ijc

KENYA

- Public Health in the Tropics Internship
sit.edu/ikh

MADAGASCAR

Traditional Medicine & Healthcare Systems
sit.edu/mgh

SWITZERLAND

Global Health & Development Policy
sit.edu/szp

VIETNAM

Traditional Medicine & Community Health
sit.edu/vnh



IDENTITY & HUMAN RESILIENCE

SEMESTER PROGRAMS

CHILE

- Cultural Identity, Social Justice & Community Development
sit.edu/cir

GHANA

- Globalization, Cultural Legacies & the Afro-Chic
sit.edu/ghr

IHP DEATH & DYING

- Perspectives, Practices & Policies
sit.edu/ddp

INDONESIA

- Arts, Religion & Social Change
sit.edu/abr

MEXICO

- Migration, Borders & Transnational Communities
sit.edu/mxr

NEPAL

- Tibetan & Himalayan Peoples
sit.edu/npt

NETHERLANDS

- International Perspectives on Sexuality & Gender
sit.edu/nlr

PERU

- Indigenous Peoples & Globalization
sit.edu/per

PORTUGAL

Communications & Media
sit.edu/poj

SAMOA

- Social & Environmental Change in Oceania
sit.edu/wsr

TUNISIA & ITALY

- Politics & Religious Integration in the Mediterranean
sit.edu/tnc

SUMMER PROGRAMS

JORDAN

Intensive Arabic Language Studies
sit.edu/joi

NETHERLANDS

Human Trafficking, Sex Trade & Modern Slavery in Europe
sit.edu/nlt
Identity Matters Internship
sit.edu/ini





PEACE & JUSTICE

SEMESTER PROGRAMS

ARGENTINA

- Social Movements & Human Rights
sit.edu/arr

IHP HUMAN RIGHTS

- Movements, Power & Resistance
sit.edu/hrc

MOROCCO

- Human Rights, Social Justice & Cultural Transformation
sit.edu/mor

SUMMER PROGRAMS

SOUTH AFRICA

- Social Justice & Activism Internship
sit.edu/isa



CHOOSE YOUR TRACK

SEMESTER PROGRAMS

NETHERLANDS

Health, Sustainability, Migration **OR** Culture
sit.edu/cnl

SOUTH AFRICA

Multiculturalism, Education, Health **OR** Climate
sit.edu/csf

SPAIN

Climate, Psychology, Economics **OR** Cinema
sit.edu/csp

SWITZERLAND

Wildlife, Food Systems, Cities **OR** French Culture
sit.edu/csw



HOW WE'RE DIFFERENT

The SIT experience is life-changing. Our programs reveal new strengths or interests you may discover about yourself as you build connections, relationships, and networks around the world.

COMMITMENT TO SOCIAL JUSTICE

SIT was founded on the idea that multicultural understanding leads to positive social change. We prepare students to be interculturally effective changemakers, professionals, and citizens.

SUSTAINABILITY

Sustainability is our watchword—it guides our program and curricula development across all Critical Global Issues and determines how we interact with our host communities and global partners.

FULLY-SUPPORTED FIELD EXPERIENCE

Independent Study Project (ISP)—With the support of SIT faculty, you will design a research project based on your interests and local resources, and work closely with an advisor and experts in the field to bring it to life.

Internship—Gain real-world experience in an international workplace, enhance your professional skills, and join the global network of community organizations, activists, entrepreneurs, business leaders, and academics connected to SIT programs.

ACADEMIC & CAREER IMPACT

The knowledge, skills, and values you experience on an SIT program support your academic and career goals. Many SIT alumni join highly competitive fellowship programs, pursue advanced degrees, and go on to be changemakers in their respective fields. Alumni across the globe are working within governments and NGOs; focusing on sustainability efforts; training language teachers; responding to migration crises; confronting critical health challenges; and rebuilding the field of international education.

SMALL, SUPPORTIVE COHORTS

Most SIT programs have up to 25 students from colleges and universities across the U.S. In some programs, students from the host country also join the cohort. Together, you attend lectures and field visits, and study local languages. This community of peers supports one another and enhances experiential learning through different experiences and perspectives.

WORLD CLASS FACULTY MEMBERS

SIT faculty are teachers, learners, practitioners, researchers, and community members who live and work in the countries where our programs take place. Through SIT, you will experience different voices and perspectives far outside of those normally found on U.S. college and university campuses.





FINANCING YOUR STUDY ABROAD

SCHOLARSHIPS & GRANTS

SIT is committed to helping students from various economic backgrounds experience field-based international education. Over FY23, FY24, and FY25, we awarded nearly **\$3 million in scholarships** and grants to SIT Study Abroad students. Our scholarships are awarded to highly qualified students who demonstrate financial need. Individual awards generally range from **\$500–\$3,000 for summer programs** and up to **\$5,000 for semester programs**. Learn more about applying for scholarships and grants to fund your study abroad at studyabroad.sit.edu/scholarships.

ACCREDITATION

ACCREDITATION

School for International Training is accredited by the **New England Commission of Higher Education (NECHE)**, a globally recognized accrediting association known for its rigorous standards and commitment to academic excellence, ensuring our programs meet the highest levels of quality and integrity. NECHE is one of seven U.S. regional accrediting commissions and accredits New England higher education institutions, including Harvard University, Yale University, Massachusetts Institute of Technology (MIT), and Dartmouth College.

SIT has been approved to participate in the **National Council for State Authorization Reciprocity Agreements**. Learn more about SIT's accreditation at sit.edu/academics/accreditation.



STUDENT SUPPORT

OUR COMMITMENT TO LEARNING FOR ALL

SIT promotes a learning environment where everyone's individual strengths are valued as important contributors to the accomplishment of its mission. We are a global community that believes that inclusive practices are at the heart of a peaceful and just world. We are committed to acting with accountability, transparency, reciprocity, authenticity, and empathy.

RESPECT & RESPONSIBILITY

A primary goal of SIT Study Abroad is to promote understanding among people from different parts of the world. This can only be realized if SIT students are committed to respecting others and taking responsibility for their own actions. SIT maintains a set of clear policies regarding student behavior, which are outlined in our Student Handbook at studyabroad.sit.edu/student-handbook.

STUDENT HEALTH, SAFETY & WELL-BEING

SIT places the highest priority on student safety and well-being. Our Office of Student Health, Safety & Wellbeing (SHSW) is a team of student affairs professionals fully dedicated to supporting students across a wide range of safety and well-being issues so students can thrive during their programs.

The team works in partnership with program staff onsite to provide risk management, safety and security guidance, and emergency response. SIT utilizes a variety of resources to assess and respond to actual or potential risk in each country, including our international medical and security assistance provider, the U.S. Department of State, the Centers for Disease Control and Prevention, the World Health Organization, the Overseas Security Advisory Council, and U.S. embassies.

The SHSW team also works directly with students to provide counseling, mental health support, and resources for cultural adjustment, homesickness, accessibility support, academic accommodations, international insurance, and much more.

SIT is committed to fostering a climate across all our programs that is free from discrimination, harassment, and violence. We maintain Sexual Harassment and Misconduct policies to protect and support our students. We also provide relevant training and material to in-country staff and have a dedicated Title IX Coordinator. More information is available at studyabroad.sit.edu/title-ix.

Learn more at studyabroad.sit.edu/health-safety-and-well-being.

HOW TO APPLY

1

FIND A PROGRAM

Visit studyabroad.sit.edu for complete program descriptions and course syllabi.

2

TALK TO YOUR ADVISORS

Visit your home college's study abroad office and meet with your academic advisor.

3

APPLY ONLINE

studyabroad.sit.edu/apply

Contact the SIT Study Abroad admissions office at studyabroad@sit.edu, 888 272-7881 (toll-free in the U.S.), or 802 258-3212 with questions.

Visit studyabroad.sit.edu/admissions-aid to schedule an advising appointment, sign up for an information session, or engage with one of our alumni mentors.

4

FIND FINANCIAL AID & SCHOLARSHIPS

Talk to your home college's financial aid office and visit studyabroad.sit.edu/scholarships.



THE NEXT LEVEL: SIT GRADUATE INSTITUTE

GUARANTEED SCHOLARSHIPS FOR SIT STUDY ABROAD ALUMNI

TODAY'S CAREERS DEMAND A GLOBAL PERSPECTIVE

SIT Graduate Institute's experiential graduate programs take your study abroad experience to the next level. Examine Critical Global Issues on two or more continents with our cutting-edge, one-year **Global Masters programs**. SIT Graduate Institute also offers online doctoral programs for working professionals to advance their careers, including **Global Education (EdD)**, **International Relations (PhD)**, and **Sustainability (PhD)**.

Study humanitarian assistance, climate change, diplomacy, international education, and much more. Investigate multiple perspectives, learn intercultural communication, and develop the skills to work toward a more peaceful and just world.

Accelerate your academic and career goals with:

- theory, practice, and reflection rooted in experiential learning
- world-class faculty and advisors who live and work in the countries where they teach
- skills-building practicums
- personalized learning plans aligned with your career objectives
- independent research
- professional career services support
- a global network of alumni

ALUMNI ADVANTAGE

\$10,000 off SIT Graduate Institute programs for SIT Study Abroad alumni

“The transition to graduate school with SIT felt incredibly intuitive. The supporting infrastructure that I relied on during my undergraduate experience felt strongly in place still. There was room for increased rigor and ownership over my work. This graduate program has contributed to one of the most enriching and grounding years for me.”

EMMA VOS, ALUMNA

SIT Study Abroad, International Honors Program (IHP)
in Social Innovation and Entrepreneurship

SIT Graduate Institute, Global Master of Arts in
Climate Change & Global Sustainability





WORLD LEARNING INC. FAMILY

The World Learning Inc. family includes: School for International Training (SIT), offering accredited undergraduate study abroad programs through SIT Study Abroad, and internationally focused doctorate and master's degrees and professional certificates through SIT Graduate Institute; World Learning, a global education, development, and exchange nonprofit serving people in more than 150 countries; and The Experiment in International Living, the nation's most experienced provider of international education for high school students.



X: SITStudyAbroad | Facebook: SITStudyAbroad | Instagram: SITStudyAbroad
LinkedIn: SITStudyAbroad | Youtube: /sitstudyabroad

Scan the QR code below
and complete our online inquiry card
to have your \$50 application fee waived!



STUDYABROAD.SIT.EDU