



# UNDERGRADUATE **STUDY ABROAD PROGRAMS**

SUMMER | SEMESTER | INTERNSHIPS



# SIT

SCHOOL FOR  
INTERNATIONAL  
TRAINING

**STUDY ABROAD**

# NOT YOUR ORDINARY STUDY ABROAD

SIT is a leader in immersive, field-based study abroad programs for undergraduates. Over a semester or a summer, engage in experiential, place-based learning that addresses today's most Critical Global Issues, from climate change to human identity, geopolitics to global health, and more. You'll find accredited programs in Africa, Asia and the Pacific, Europe, Latin America, and the Middle East, as well as comparative International Honors Programs (IHP) spanning four continents.

Extraordinary SIT opportunities include:

- Independent research supported by world-class faculty advisors
- Skills- and career-building internships at local, regional, and global organizations
- Homestays for cultural and community immersion
- Language-learning from Arabic to isiZulu
- Academically rigorous coursework through a decolonial lens
- Excursions that take learning beyond the walls of the classroom
- Expert academic and program directors, local faculty, and staff
- 24/7 student support services

**Experiential goes beyond the experience.** SIT programs are deeply grounded in the experiential learning cycle of collective learning, reflection, and application. Building on 90 years of intercultural education and exchange programming, we maintain deep and meaningful partnerships with communities, institutions, and changemakers around the world.

**Choose SIT for a transformative, extraordinary study abroad experience.**

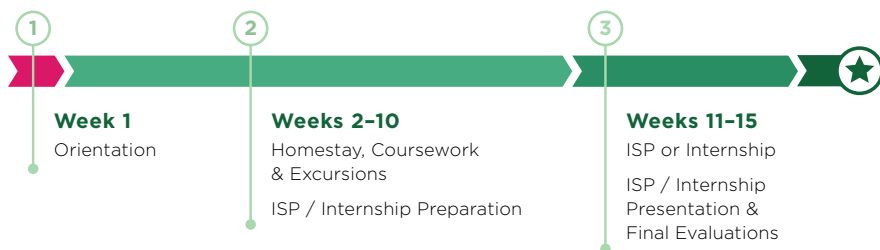


# PROGRAM MODELS

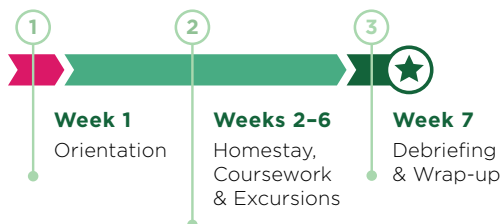
## Life-changing learning in an immersive setting

SIT's immersive programs provide life-changing learning opportunities. Each program curriculum is designed around a Critical Global Issue, providing you with a range of perspectives through world-class faculty, deep institutional partnerships, homestays, language learning, and independent research.

### IMMERSIVE SEMESTER PROGRAM MODEL



### SUMMER PROGRAM MODEL

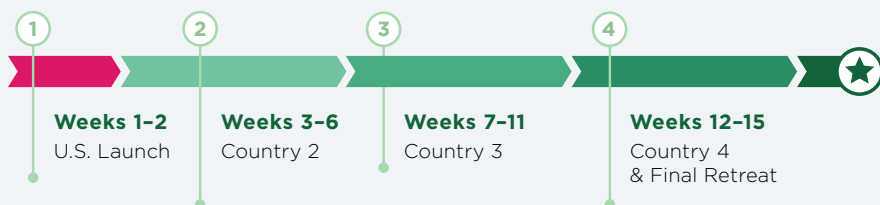


## IHP offers a comparative approach

International Honors Programs integrate experiential learning across four continents, with an emphasis on multidisciplinary analysis of issues and culminating in a comparative research project.



### IHP / MULTI-COUNTRY PROGRAM MODEL



# CRITICAL GLOBAL ISSUES

## Confront Critical Global Issues through your study abroad experience

SIT programs are created around a framework of the most Critical Global Issues (CGI) to develop the expertise and intercultural understanding you need to engage all identities, perspectives, and cultures with respectful, enduring, and meaningful responses. Explore SIT's complete CGI framework at:

[studyabroad.sit.edu/critical-global-issues](https://studyabroad.sit.edu/critical-global-issues)



### CLIMATE & ENVIRONMENT

Few contemporary challenges are as urgent or contested as climate change and its impact on our environment. The collective efforts of scientists, scholars, politicians, activists, indigenous communities, and concerned citizens are needed to gauge and mitigate environmental and social impacts. Our programs reflect this diversity of perspectives. Natural science-based programs explore global hotspots, with a focus on ecology, biodiversity, and conservation. Social science-based programs emphasize environmental justice. Students in all programs develop the knowledge and skills to become leaders in shaping environmental policies and balancing ecological outcomes for an uncertain future.



### DEVELOPMENT & INEQUALITY

Pervasive inequality impacts individuals and communities worldwide. Where historic development practices have fallen short of lasting change, local responses offer innovative solutions to build more sustainable futures. Our programs explore these efforts to balance ecological sustainability, economic opportunity, and gender equity alongside the complexities of growth-centric development. Students become deeply aware of what it means to confront inequality as they witness firsthand the work of people engaged in creating more just and fair societies.



## EDUCATION & SOCIAL CHANGE

Unequal access to quality education inhibits the potential of millions of girls and women, indigenous populations, people with disabilities, displaced persons and refugees, and communities living in conflict areas. Intercultural, international-based education connects and engages communities as it values differences, confronts inequality, and recognizes common struggles. Our programs develop reflective educational leaders who can open up the world to new generations, advocate for local agency and intercultural communication, and support transformative settings where self-empowerment and human potential can flourish.



## GEOPOLITICS & POWER

Power shifts and power plays challenge outmoded geopolitical models that are failing to ensure global security and stability. Disruptions, though tumultuous, create spaces to interrogate the politics of the past and construct alternative systems of power. Our programs explore the many shocks to the system that give rise to regional independence movements, new forms of populism rife with old nationalisms, and illiberal democracies, and ask, “What next?” Students gain nuanced perspectives from leading political scientists, diplomats, policymakers and civic activists who are engaged in reimagining our political future.



## GLOBAL HEALTH & WELL-BEING

Healthcare science and health systems worldwide are adapting, expanding, or straining to address the complex and varying needs of vulnerable and underserved populations: children, women, gender minorities, refugees and displaced persons, the elderly, the mentally ill, and the economically disadvantaged. Our programs explore the potential of using both indigenous and new science and technology to support vulnerable populations, as well as the limitations and possibilities of contrasting health policy initiatives at the intersections of regional and local governments, global and community organizations, and traditional and indigenous approaches. Students examine the medical and social determinants of health and well-being in urban and rural settings to understand how health careers, policies, and programs can best support those in dire need.



## IDENTITY & HUMAN RESILIENCE

The human condition is in change. Human rights and identity. War. Climate change. Economic disparities. Discrimination. Indigenous and marginalized individuals are exploring what it means to be different and equal in a complicated world, and those under pressure from their environment are on the move with mixed migration challenging national, communal, and personal identities. Our programs explore the human condition and the crisis of belonging in an increasingly complex and mobile world. Students gain critical insight on the phenomena of resilience and resistance through listening to the voices of indigenous people and marginalized groups.



## PEACE & JUSTICE

Conflict—incited by structural inequality, migration, identity and exclusion, resource scarcity, and historical trauma—manifests through war, revolution, and other forms of violent and coercive mobilization. In the face of this reality, the prospect of long-term peace often seems unattainable. Our programs explore how changemakers manage conflict constructively, balance reconciliation and justice, and support post-conflict remembrance and healing. Students evaluate the root causes of conflict to develop evidence-based strategies designed to transform our world into one that is more peaceful and just.





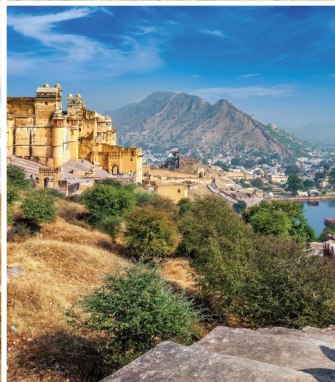


## SIT STUDY ABROAD PROGRAM COUNTRIES

SIT Study Abroad offers immersive programs in **more than 30 countries**. Examine Critical Global Issues through deep geographical and cultural contexts or take an International Honors Program comparative approach to one issue across four continents.

ARGENTINA	MEXICO
AUSTRALIA	MOROCCO
CAMEROON	NEPAL
CHILE	NETHERLANDS
CZECH REPUBLIC	PANAMA
ECUADOR	PERU
GHANA	PORTUGAL
ICELAND	RWANDA
INDIA	SAMOA
INDONESIA	SERBIA
ITALY	SOUTH AFRICA
JORDAN	SPAIN
KENYA	SWITZERLAND
MADAGASCAR	TANZANIA
MALAWI	TUNISIA
	VIETNAM







*Please note that SIT will make every effort to maintain its programs as described. To respond to emergent situations, however, SIT may have to change or cancel programs. Please visit the SIT Study Abroad website for the most up-to-date information. [studyabroad.sit.edu](http://studyabroad.sit.edu)*

- **Program offers internship**





# CLIMATE & ENVIRONMENT

## SEMESTER PROGRAMS

### ARGENTINA

- People, Environment & Climate Change in Patagonia & Antarctica  
[sit.edu/are](http://sit.edu/are)

### AUSTRALIA

- Rainforest, Reef & Cultural Ecology  
[sit.edu/ase](http://sit.edu/ase)
- Sustainability & Environmental Action  
[sit.edu/asm](http://sit.edu/asm)

### ECUADOR

Comparative Ecology & Conservation  
[sit.edu/ece](http://sit.edu/ece)

### ICELAND

Climate Change & the Arctic  
[sit.edu/icc](http://sit.edu/icc)

### IHP CLIMATE CHANGE

The Politics of Land, Water & Energy Justice  
[sit.edu/ccc](http://sit.edu/ccc)

### IHP FOOD SYSTEMS

Agriculture, Sustainability & Justice  
[sit.edu/rfs](http://sit.edu/rfs)

### MADAGASCAR

- Biodiversity & Natural Resource Management  
[sit.edu/mge](http://sit.edu/mge)

### PANAMA

Tropical Ecology, Marine Ecosystems & Biodiversity Conservation  
[sit.edu/pne](http://sit.edu/pne)

### PORTUGAL

Sustainability & Environmental Justice  
[sit.edu/por](http://sit.edu/por)

### TANZANIA

Wildlife Conservation & Political Ecology  
[sit.edu/tze](http://sit.edu/tze)

Zanzibar Coastal Ecology & Natural Resource Management  
[sit.edu/tzz](http://sit.edu/tzz)

## SUMMER PROGRAMS

### ICELAND

Renewable Energy, Technology & Resource Economics  
[sit.edu/ica](http://sit.edu/ica) (summer 1) [sit.edu/ice](http://sit.edu/ice) (summer 2)

### INDONESIA

Biodiversity & Conservation in Bali & Borneo  
[sit.edu/abe](http://sit.edu/abe)

### JORDAN

- Climate Change & Sustainability Internship  
[sit.edu/job](http://sit.edu/job)

### PANAMA

Marine Ecology & Blue Carbon Conservation in the Pacific & Caribbean  
[sit.edu/npg](http://sit.edu/npg)

### PORTUGAL

Sustainability & Environmental Justice  
[sit.edu/pos](http://sit.edu/pos)

### NEPAL

Geoscience in the Himalaya  
[sit.edu/pnb](http://sit.edu/pnb)

### TANZANIA

Climate Change & Sustainability, Mount Kilimanjaro to Zanzibar  
[sit.edu/tzc](http://sit.edu/tzc)





# DEVELOPMENT & INEQUALITY

## SEMESTER PROGRAMS

### CAMEROON

- Development and Social Change  
In partnership with Dickinson College  
[sit.edu/cmr](http://sit.edu/cmr)

### ECUADOR

Development, Politics & Languages  
[sit.edu/ecr](http://sit.edu/ecr)

### IHP CITIES IN THE 21ST CENTURY

People, Planning & Politics  
[sit.edu/ctb](http://sit.edu/ctb) (spring) [sit.edu/ctc](http://sit.edu/ctc) (fall)

### MALAWI

Sustainable Development Practice  
[sit.edu/mwd](http://sit.edu/mwd)

### NEPAL

- Development, Gender, and Social Change  
in the Himalaya  
[sit.edu/npr](http://sit.edu/npr)

### SWITZERLAND

- Banking, Finance & Social Responsibility  
[sit.edu/szf](http://sit.edu/szf)

### VIETNAM

- Culture, Social Change & Development  
[sit.edu/vnr](http://sit.edu/vnr)

## SUMMER PROGRAMS

### SPAIN

Sustainable Urban Development  
& Social Justice  
[sit.edu/spu](http://sit.edu/spu)



# EDUCATION & SOCIAL CHANGE

## SUMMER PROGRAMS

### CZECH REPUBLIC

Arts Studios in Creative Writing,  
Contemporary Dance & Photography  
[sit.edu/czs](http://sit.edu/czs)









# GEOPOLITICS & POWER

## SEMESTER PROGRAMS

### BELGRADE, BUDAPEST, & VIENNA

- Comparative European Perspectives on Conflict & Democracy  
[sit.edu/hrr](http://sit.edu/hrr)

### CZECH REPUBLIC

Human Rights & Refugee Integration  
[sit.edu/czm](http://sit.edu/czm)

### JORDAN

- Geopolitics, International Relations & the Future of the Middle East  
[sit.edu/jor](http://sit.edu/jor)

### SOUTH AFRICA

- International Relations in the Global South  
[sit.edu/sfd](http://sit.edu/sfd)

### SPAIN

Social Movements, Democracy & Cultural Identity  
[sit.edu/spr](http://sit.edu/spr)

### SWITZERLAND

International Studies & Multilateral Diplomacy  
[sit.edu/szg](http://sit.edu/szg)

## SUMMER PROGRAMS

### SOUTH AFRICA

- Diplomacy, Politics & International Relations Internship  
[sit.edu/sfb](http://sit.edu/sfb)

### SWITZERLAND

- International Studies & Multilateral Diplomacy  
[sit.edu/szd](http://sit.edu/szd)
- Social Impact Internship  
[sit.edu/isz](http://sit.edu/isz)





# GLOBAL HEALTH & WELL-BEING

## SEMESTER PROGRAMS

### ARGENTINA

- Public Health in Urban Environments  
[sit.edu/arh](http://sit.edu/arh)

### CHILE

- Public Health, Traditional Medicine & Community Empowerment  
[sit.edu/cih](http://sit.edu/cih)

### IHP HEALTH & COMMUNITY

Globalization, Culture & Care  
[sit.edu/hca](http://sit.edu/hca)

### INDIA

Public Health, Gender & Sexuality  
[sit.edu/inh](http://sit.edu/inh)

### JORDAN

- Refugees, Health & Humanitarian Action  
[sit.edu/joh](http://sit.edu/joh)

### KENYA

- Global Health & Human Rights  
[sit.edu/ker](http://sit.edu/ker)

### SWITZERLAND

Global Health & Development Policy  
[sit.edu/szh](http://sit.edu/szh)

## SUMMER PROGRAMS

### INDIA

Traditional Medicine & Healthcare Practices  
[sit.edu/inm](http://sit.edu/inm)

### ITALY

Food Security & Nutrition  
[sit.edu/itn](http://sit.edu/itn)

### JORDAN

- Counseling & Humanitarian Action Internship  
[sit.edu/ijc](http://sit.edu/ijc)

### KENYA

- Public Health in the Tropics Internship  
[sit.edu/ikh](http://sit.edu/ikh)

### MADAGASCAR

Traditional Medicine & Healthcare Systems  
[sit.edu/mgh](http://sit.edu/mgh)

### SWITZERLAND

Global Health & Development Policy  
[sit.edu/szp](http://sit.edu/szp)

### VIETNAM

Traditional Medicine & Community Health  
[sit.edu/vnh](http://sit.edu/vnh)







# IDENTITY & HUMAN RESILIENCE

## SEMESTER PROGRAMS

### CHILE

- Cultural Identity, Social Justice, & Community Development  
[sit.edu/cir](http://sit.edu/cir)

### GHANA

- Globalization, Cultural Legacies & the Afro-Chic  
[sit.edu/ghr](http://sit.edu/ghr)

### IHP DEATH & DYING\*

Perspectives, Practices & Policies

\*Coming Fall 2025

### INDONESIA

- Arts, Religion & Social Change  
[sit.edu/abr](http://sit.edu/abr)

### MEXICO

- Migration, Borders & Transnational Communities  
[sit.edu/mxr](http://sit.edu/mxr)

### MOROCCO

- Migration & Transnational Identity  
[sit.edu/mom](http://sit.edu/mom)

### NEPAL

- Tibetan & Himalayan Peoples  
[sit.edu/npt](http://sit.edu/npt)

### NETHERLANDS

- International Perspectives on Sexuality & Gender  
[sit.edu/nlr](http://sit.edu/nlr)

### PERU

Indigenous Peoples & Globalization  
[sit.edu/per](http://sit.edu/per)

### PORTUGAL

Multimedia Storytelling & Intercultural Communication  
[sit.edu/poj](http://sit.edu/poj)

### SAMOA

Social & Environmental Change in Oceania  
[sit.edu/wsr](http://sit.edu/wsr)

### TUNISIA & ITALY

- Politics & Religious Integration in the Mediterranean  
[sit.edu/tnc](http://sit.edu/tnc)

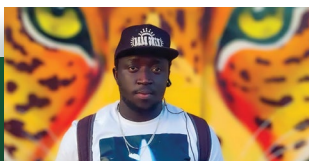
## SUMMER PROGRAMS

### JORDAN

Intensive Arabic Language Studies  
[sit.edu/joi](http://sit.edu/joi)

### NETHERLANDS

Human Trafficking, Sex Trade & Modern Slavery in Europe  
[sit.edu/nlt](http://sit.edu/nlt)







# PEACE & JUSTICE

## SEMESTER PROGRAMS

### ARGENTINA

- Social Movements & Human Rights  
[sit.edu/arr](http://sit.edu/arr)

### IHP HUMAN RIGHTS

Movements, Power & Resistance  
[sit.edu/hrc](http://sit.edu/hrc)

### MOROCCO

- Human Rights, Social Justice & Cultural Transformation  
[sit.edu/mor](http://sit.edu/mor)

### RWANDA

- Post-Genocide Restoration & Peacebuilding  
[sit.edu/rwr](http://sit.edu/rwr)

### SOUTH AFRICA

- Multiculturalism & Human Rights  
[sit.edu/sfp](http://sit.edu/sfp)

## SUMMER PROGRAMS

### RWANDA

Peace & Conflict Studies  
[sit.edu/ugp](http://sit.edu/ugp)

### SOUTH AFRICA

- Social Justice & Activism Internship  
[sit.edu/isa](http://sit.edu/isa)



# HOW WE'RE DIFFERENT

The SIT experience is life-changing. Our programs reveal new strengths or interests you may discover about yourself as you build connections, relationships, and networks around the world.

## COMMITMENT TO SOCIAL JUSTICE

SIT was founded on the idea that multicultural understanding leads to positive social change. We prepare students to be interculturally effective changemakers, professionals, and citizens.

## SUSTAINABILITY

Sustainability is our watchword—it guides our program and curricula development across all Critical Global Issues and determines how we interact with our host communities and global partners.

## FULLY-SUPPORTED FIELD EXPERIENCE

Independent Study Project (ISP)—With the help of SIT faculty, you will design a research project based on your interests and local resources, and work closely with an advisor and experts in the field to bring it to life.

Internship—Gain real-world experience in an international workplace, enhance your professional skills, and join the global network of community organizations, activists, entrepreneurs, business leaders, and academics connected to SIT programs.





## ACADEMIC & CAREER IMPACT

The knowledge, skills, and values you experience on an SIT program support your academic and career goals. Many SIT alumni join highly competitive fellowship programs, pursue advanced degrees, and go on to be changemakers in their respective fields. Alumni across the globe are working within governments and NGOs; forging solutions to the climate crisis; training language teachers; responding to migration crises; confronting critical health challenges; and rebuilding the field of international education.

## SMALL, DIVERSE COHORTS

Most SIT programs have up to 25 students from colleges and universities across the U.S. In some programs, students from the host country also join the cohort. Together, you attend lectures and field visits, and study local languages. This community of peers supports one another and enhances experiential learning through diverse experiences and perspectives.

## WORLD CLASS FACULTY MEMBERS

SIT faculty are teachers, learners, practitioners, researchers, and community members who live and work in the countries where our programs take place. Through SIT you will experience diverse voices and perspectives far outside of those normally found on U.S. college and university campuses.

# FINANCING YOUR STUDY ABROAD

## SCHOLARSHIPS & GRANTS

SIT is committed to helping students from diverse economic backgrounds experience field-based international education. In the past three years, we have awarded more than **\$1.3 million in scholarships** and grants to SIT Study Abroad students. Our scholarships are awarded to highly qualified students who demonstrate financial need. Individual awards generally range from **\$500–\$3,000 for summer programs** and up to **\$5,000 for semester programs**. Learn more about applying for scholarships and grants to fund your study abroad at: [studyabroad.sit.edu/scholarships](https://studyabroad.sit.edu/scholarships).

## ACCREDITATION

### ACCREDITATION

SIT is accredited by the **New England Commission of Higher Education** (formerly the Commission on Institutions of Higher Education of the New England Association of Schools and Colleges, Inc.). Inquiries regarding the accreditation status should be directed to the administrative staff of SIT. Individuals may also contact NECHE.

SIT has been approved to participate in the **National Council for State Authorization Reciprocity Agreements**. Learn more about SIT's accreditation at: [sit.edu/academics/accreditation](https://sit.edu/academics/accreditation).





# STUDENT SUPPORT

## OUR COMMITMENT TO DIVERSITY, EQUITY, INCLUSION & ACCESS

School for International Training is a globally diverse community of staff, faculty, board members, students, and alumni who believe that inclusive and equitable practices are at the heart of a peaceful and just world. Each of us strives to honor diverse voices and lived experiences, examine our own biases and privileges, actively work to address inequities in our structures, and foster a community of open dialogue. We are committed to acting with accountability, transparency, reciprocity, authenticity, and empathy.

## RESPECT & RESPONSIBILITY

A primary goal of SIT Study Abroad is to promote understanding among people from different parts of the world. This can only be realized if SIT students are committed to respecting others and taking responsibility for their own actions. SIT maintains a set of clear policies regarding student behavior, which are outlined in our Student Handbook: [studyabroad.sit.edu/student-handbook](https://studyabroad.sit.edu/student-handbook).

## STUDENT HEALTH, SAFETY & WELL-BEING

SIT places the highest priority on student safety and well-being. Our Office of Student Health, Safety & Wellbeing (SHSW) is a team of student affairs professionals fully dedicated to supporting students across a wide range of safety and well-being issues. The SHSW team is dedicated to ensuring that students thrive during their time abroad.

This team works in partnership with program staff onsite to provide safety and security guidance, emergency response, and crisis management. They also work directly with students on various aspects of their study abroad experience, such as counseling and mental health support, cultural adjustment and homesickness, diversity and inclusion, accessibility support, academic accommodations, international insurance, and much more.

SIT is committed to fostering a climate across all of our programs that is free from sexual- and gender-based discrimination, harassment, and violence. We maintain Sexual Harassment and Misconduct policies to protect and support students during their time abroad. We also provide relevant training and material to in-country staff, and we have a dedicated Title IX Coordinator. More information is available at: [studyabroad.sit.edu/sexual-safety-title-IX](https://studyabroad.sit.edu/sexual-safety-title-IX).

**Learn more** at: [studyabroad.sit.edu/health-safety-and-well-being](https://studyabroad.sit.edu/health-safety-and-well-being).

# HOW TO APPLY

1

## FIND A PROGRAM

Visit [studyabroad.sit.edu](https://studyabroad.sit.edu) for complete program descriptions and course syllabi.

2

## TALK TO YOUR ADVISORS

Visit your home college's study abroad office and meet with your academic advisor.

3

## APPLY ONLINE

[studyabroad.sit.edu/apply](https://studyabroad.sit.edu/apply)

Contact the SIT Study Abroad admissions office at [studyabroad@sit.edu](mailto:studyabroad@sit.edu), 888 272-7881 (toll-free in the US), or 802 258-3212 with questions.

Visit [studyabroad.sit.edu/admissions-aid](https://studyabroad.sit.edu/admissions-aid) to schedule an advising appointment, sign up for an information session or engage with one of our alumni mentors.

4

## FIND FINANCIAL AID & SCHOLARSHIPS

Talk to your home college's financial aid office and visit [studyabroad.sit.edu/scholarships](https://studyabroad.sit.edu/scholarships)

THE NEXT LEVEL:

# SIT GRADUATE INSTITUTE

GUARANTEED SCHOLARSHIPS FOR SIT STUDY ABROAD ALUMNI

## TODAY'S CAREERS DEMAND A GLOBAL PERSPECTIVE

SIT Graduate Institute's experiential graduate programs take your study abroad experience to the next level. Examine critical global issues on two or more continents with our cutting-edge one-year **Global Masters programs**. SIT Graduate Institute also offers online doctoral programs for working professionals to advance their careers, including **Global Education (EdD)**, **International Relations (PhD)** and **Sustainability (PhD)**.

Study humanitarian assistance, climate change, diplomacy, international education and much more. Investigate multiple perspectives, learn intercultural communication, and develop the skills to work toward a more peaceful and just world.

Accelerate your academic and career goals with:

- theory, practice, and reflection rooted in experiential learning
- world-class faculty and advisors who live and work in the countries where they teach
- skills-building practicums
- personalized learning plans aligned with your career objectives
- independent research
- professional career services support
- a global network of alumni



**SIT**

SCHOOL FOR  
INTERNATIONAL  
TRAINING

GRADUATE INSTITUTE

FIND OUT MORE AT  
**GRADUATE.SIT.EDU**



### WORLD LEARNING INC. FAMILY

The World Learning Inc. family includes: School for International Training (SIT), offering accredited undergraduate study abroad programs through SIT Study Abroad, and internationally focused doctorate and master's degrees and professional certificates through SIT Graduate Institute; World Learning, a global education, development, and exchange nonprofit serving people in more than 150 countries; and The Experiment in International Living, the nation's most experienced provider of international education for high school students.



Facebook: SITStudyAbroad | Twitter: SITStudyAbroad | Instagram: SITStudyAbroad  
LinkedIn: SITStudyAbroad | Youtube: /sitstudyabroad

Scan the QR code below  
and complete our online inquiry card  
**to have your \$50 application fee waived!**



**STUDYABROAD.SIT.EDU**