



## A new experience from SIT, the fully accredited leader in academic and social justice-driven study abroad.

With SIT First Year, students spend the first one or two semesters of their undergraduate experience taking courses at SIT centers abroad. SIT First Year programs focus on themes central to the global moment: Identity & Human Resilience, Climate & Environment, and Global Health & Well-being.

### What is SIT First Year?

- Small cohorts identified by SIT's partner institutions
- Thoughtfully crafted field programs
- A globe-spanning foundation to a liberal arts education

Students become part of a family and community abroad. They build intercultural relationships and develop critical perspectives and analytical skills as they explore together. SIT First Year programs support a holistic introduction to the college experience in locations around the world. With local staff and faculty and a dedicated youth leader, students shape their experiences while developing core college success skills. Each semester is comprised of 13 required credits in highly transferable courses and a choice of electives.

### Why SIT First Year?

- High-impact practices support a successful college career: from research methods to team-based activities to culminating independent projects
- Enquiry and real-world problem-solving using our experiential learning model
- Immersive internship options and transferable skills and credits
- Keep students enrolled and manage campus housing challenges
- Develop crucial first steps for a student's independent pathway from college to career development

## FALL & SPRING SEMESTER PROGRAMS AVAILABLE



**IDENTITY &  
HUMAN RESILIENCE**

FALL: **JORDAN**  
SPRING: **SAMOA**



**GLOBAL HEALTH &  
WELL-BEING**

FALL: **SOUTH AFRICA**  
SPRING: **ARGENTINA**



**CLIMATE &  
ENVIRONMENT**

FALL: **PANAMA**  
SPRING: **PORTUGAL**

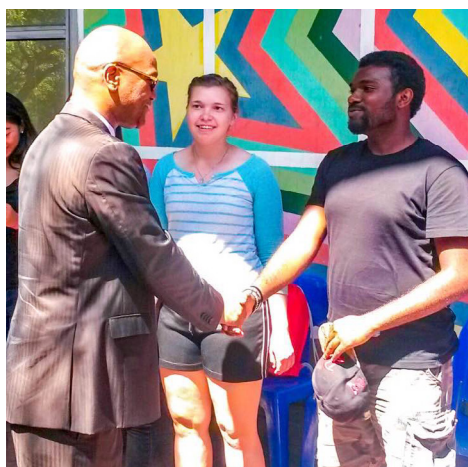


### Sample SIT First Year Courses

- First Year Foundations for Success: You, Abroad
- First Year Foundations for Success: Career Pathways
- Global Citizenship
- First Year Seminar
- Intro to Cultural Anthropology (Identity & Human Resilience)
- Intro to Public Health (Global Health & Well-Being)
- Intro to Environmental Studies (Climate & Environment)
- Electives (Internships 101 or language course)

### Student Support

SIT First Year youth leaders create inclusive learning communities and facilitate conversations on effective learning, culture shock, group dynamics, productive conflict, and conflict resolution. Full-time local faculty and staff, and SIT's U.S.-based Student Health, Safety, and Well-being team, support SIT First Year students.



### Staying Connected to the Home Institution

Institutions may customize the SIT First Year experience to allow your cohort to take a virtual course at their home institution one day each week. Use that time to connect and engage with students in other ways, such as academic advising sessions, meetings with on-campus teams, or fulfilling another required course for their cohort studying off-campus.



### Learn More

Contact your SIT University Relations Manager at [university.relations@sit.edu](mailto:university.relations@sit.edu) to schedule a conversation about SIT First Year programs, or visit us on the web at [studyabroad.sit.edu/sit-first-year](http://studyabroad.sit.edu/sit-first-year).