



CRITICAL GLOBAL ISSUE

# GLOBAL HEALTH & WELL-BEING

2020-2021 STUDY ABROAD PROGRAMS



# SIT

SCHOOL FOR  
INTERNATIONAL  
TRAINING

STUDY ABROAD

# THIS IS SIT

SIT is a leader in immersive, field-based study abroad programs for undergraduates. We offer **more than 70 programs** in Africa, Asia and the Pacific, Europe, Latin America, and the Middle East, as well as our comparative International Honors Programs (IHP) which span multiple locations. In addition to our rich history, our programs' unique qualities—including exceptional locations, independent research, internships, cultural immersion, and deep networks of local partners—make our programs an ideal choice for an extraordinary and transformative study abroad experience.

SIT Study Abroad programs are interdisciplinary and appropriate for a variety of majors. This gives students the opportunity to grapple with the complexities of today's most pressing issues in specific cultural and geographical contexts or comparatively across several countries.

SIT programs are developed around a framework of the most Critical Global Issues (CGIs) of our time—challenges that transcend borders to touch every human on the planet. We have developed this framework so that the next generation of leaders has the expertise and intercultural understanding to engage multiple identities, perspectives, and cultures in respectful, enduring, and meaningful responses. **There are seven CGIs in our framework including: Climate & Environment, Development & Inequality, Education & Social Change, Geopolitics & Power, Global Health & Well-being, Identity & Human Resilience, and Peace & Justice.** Explore SIT's complete CGI Framework.



## INTERNATIONAL HONORS PROGRAM

Beyond our traditional programs, the SIT portfolio also features IHP, which offers students the opportunity to compare and contrast a critical issue in multiple countries within the framework of SIT's values of community, intercultural understanding, sustainability, social inclusion, and justice. These academically rigorous semester-long programs explore health, human rights, climate change, cities, or food systems across four continents. Students begin examining an issue in the United States and deepen their understanding as they travel to two additional countries. By analyzing issues and systems from a local to global scale, students begin to understand their complexity and the challenges of addressing them. Program themes and locations are developed simultaneously, with locations selected for their relevance to the subject and their contrasts with each other. The IHP curriculum is intensive and includes four courses taught by academics and field specialists, augmented by site visits and research. [Learn more about IHP.](#)





Healthcare science and health systems worldwide are adapting, expanding, or straining to address the complex and varying needs of vulnerable and underserved populations: children, women, gender minorities, refugees and displaced persons, the elderly, the mentally ill, and the economically disadvantaged. Our programs explore the potential of using both indigenous and new science and technology to support vulnerable populations as well as the limitations and possibilities of contrasting health policy initiatives at the intersections of regional and local governments, global and community organizations, and traditional and indigenous approaches. Students examine the medical and social determinants of health and well-being in urban and rural settings to understand how health carers, policies, and programs can best support those in dire need. Explore programs under our Global Health & Well-being CGI.



Please note that SIT will make every effort to maintain its programs as described. To respond to emergent situations, however, SIT may have to change or cancel programs. Please see the SIT Study Abroad website for the most up-to-date information, [studyabroad.sit.edu](http://studyabroad.sit.edu).

- **Program offers internship**

# SEMESTER PROGRAMS

## IMMERSIVE IN-PERSON

### ARGENTINA

- **Public Health in Urban Environments**  
Examine urban epidemiology and the challenges and inequities in public health policy in Buenos Aires.  
[sit.edu/arh](http://sit.edu/arh)

### CHILE

- **Public Health, Traditional Medicine & Community Empowerment**  
Learn about public health through traditional medicine and intercultural health practices, indigenous customs, community welfare, and social justice.  
[sit.edu/cih](http://sit.edu/cih)

### IHP HEALTH & COMMUNITY

#### Globalization, Culture & Care

Learn how communities around the world understand and strive for health and well-being.  
[sit.edu/hcd](http://sit.edu/hcd) (track 1) [sit.edu/hcc](http://sit.edu/hcc) (track 2)

### INDIA

#### Public Health, Gender & Community Action

Understand the pioneering links between public health, gender, and community action in India and Thailand.  
[sit.edu/inh](http://sit.edu/inh)

### JORDAN

- **Psychology, Well-being & Mental Health**  
Starting Fall 2021. Please visit the SIT Study Abroad website to learn more about this program,  
[sit.edu/jop](http://sit.edu/jop)

### JORDAN

- **Refugees, Health & Humanitarian Action**  
Witness the massive humanitarian response to the regional refugee crisis, with a focus on refugee health. Understand the impact of refugees in Europe during an excursion to Switzerland.  
[sit.edu/joh](http://sit.edu/joh)

### KENYA

- **Global Health & Human Rights**  
Understand some of Kenya's most pressing contemporary and societal challenges, including rapid urbanization, access to healthcare, and human rights.  
[sit.edu/ker](http://sit.edu/ker)

### SOUTH AFRICA

- **Community Health & Social Policy**  
Examine community-based health in South Africa, exploring the roles of the state, the media, and nongovernmental organizations in mobilizing community assets.  
[sit.edu/sfh](http://sit.edu/sfh)

### SWITZERLAND

#### Global Health & Development Policy

Learn about global health and comparative public health systems within the framework of international and sustainable development, humanitarian action, human rights, and social justice, and compare the distinct public health systems of Switzerland and Morocco.  
[sit.edu/szh](http://sit.edu/szh)

## VIRTUAL INTERNSHIPS

### INDIA

- **Virtual Internship in Public Health, Community Action & Response to Covid-19 Pandemic**  
Gain professional experience interning remotely with an Indian community health organization, think tank, or research institute to learn about the public health response to the COVID-19 pandemic.  
[sit.edu/inv](http://sit.edu/inv)

### KENYA

- **Virtual Internship in Public Health & Covid-19 Pandemic in the Tropics**  
Intern with an organization working to bolster health systems in the tropics despite resource constraints and the impact of the COVID-19 pandemic.  
[sit.edu/kev](http://sit.edu/kev)



## ONLINE LANGUAGE COURSES

Online language courses are also available during the summer. Please visit the SIT World Languages Center to learn more.

### CHILE

Spanish Language  
[sit.edu/cis](http://sit.edu/cis)

### INDIA

Hindi Language  
[sit.edu/inl](http://sit.edu/inl)

### INDONESIA

Bahasa Indonesia  
Language  
[sit.edu/abb](http://sit.edu/abb)

### JORDAN

Arabic Language  
[sit.edu/joa](http://sit.edu/joa)

### NEPAL

Nepali Language  
[sit.edu/npn](http://sit.edu/npn)

Tibetan Language  
[sit.edu/npl](http://sit.edu/npl)

### PERU

Quechua Language  
[sit.edu/peq](http://sit.edu/peq)

### SENEGAL

French Language  
[sit.edu/sgf](http://sit.edu/sgf)

### TANZANIA

Swahili Language  
[sit.edu/tzs](http://sit.edu/tzs)

### VIETNAM

Vietnamese Language  
[sit.edu/vnv](http://sit.edu/vnv)

## SUMMER

Online language courses are also available during the summer. Please visit the SIT World Languages Center to learn more.

## IMMERSIVE IN-PERSON

### ARGENTINA

#### Epidemiology & Healthcare Management

Examine urban epidemiology, identify health inequalities and analyze the challenges of managing health care services and policies to produce more equal access to health in Buenos Aires.

[sit.edu/ars](http://sit.edu/ars)

### CHINA

#### Community Health & Traditional Chinese Medicine

Shadow Traditional Chinese Medicine practitioners and work with health professionals in urban and rural communities.

[sit.edu/chh](http://sit.edu/chh)

### ITALY

#### Food Security & Nutrition

Delve into sustainable agriculture on a Tuscan estate and explore how experts in the international community are confronting challenges of food security, nutrition, and health.

[sit.edu/itn](http://sit.edu/itn)

### INDIA

#### Traditional Medicine & Healthcare Practices

Gain a deep understanding of how India nurtures its vibrant, ancient traditional medicine systems while experiencing economic growth and modernization.

[sit.edu/inm](http://sit.edu/inm)

### JORDAN

- **Counseling & Humanitarian Action Internship**

Learn the principles of humanitarian action in crisis situations in Jordan, home to millions of displaced persons and refugees. Observe the workings of UN agencies during a five-week internship.

[sit.edu/ijc](http://sit.edu/ijc)

### KENYA

- **Public Health in the Tropics Internship**

Explore the complexities of public health promotion and practice in Kenya and the tropics while gaining practical professional experience in public health.

[sit.edu/ikh](http://sit.edu/ikh)

### MADAGASCAR

#### Traditional Medicine & Healthcare Systems

Examine how history, geography, biodiversity, and demographics shape traditional and allopathic healthcare, and explore plant-based and traditional medicine.

[sit.edu/mgh](http://sit.edu/mgh)

### SWITZERLAND

#### Global Health & Development Policy

Explore global health issues and compare public health systems within the framework of international and sustainable development, humanitarian action, human rights, and social justice.

[sit.edu/szp](http://sit.edu/szp)

## VIRTUAL INTERNSHIPS

### KENYA

- **Virtual Internship in Public Health in the Tropics**

Gain professional experience working remotely with a research organization, hospital, or nonprofit organization and learn about the dynamics of public health in western Kenya.

[sit.edu/ikv](http://sit.edu/ikv)

# FINANCING YOUR STUDY ABROAD

## SCHOLARSHIPS & GRANTS

Each year, SIT awards more than **\$1.6 million in scholarships and grants** to our students. SIT is committed to helping students from diverse economic backgrounds experience field-based international education. Our scholarships are awarded to highly qualified students who demonstrate financial need. Individual awards generally range from **\$500–\$3,000 for summer programs** and up to **\$5,000 for semester programs**. Learn more about applying for scholarship and grants to fund your study abroad.

## SIT PROGRAM PROTECTION

**SIT is an investment in your future.**  
**Here's how we help you protect it.**



As you build a strong foundation for your future, you can invest with confidence in SIT. We are committed to protecting your investment in case of program suspensions due to health, safety, or security concerns. As an SIT student, you are entitled to protective measures, which, depending on circumstances, may include refunds, reimbursements, or options to change programs or defer. Learn more about how SIT protects your investment.

## OUR COMMITMENT TO RESPECT & RESPONSIBILITY

A primary goal of SIT Study Abroad is to promote understanding among people from different parts of the world. This can only be realized if SIT students are committed to respecting others and taking responsibility for their own actions. As such, SIT maintains a set of clear policies regarding student behavior which are outlined in our Student Handbook.

## ACCREDITATION

SIT is accredited by the New England Commission of Higher Education (formerly the Commission on Institutions of Higher Education of the New England Association of Schools and Colleges, Inc.). Inquiries regarding the accreditation status should be directed to the administrative staff of SIT. Individuals may also contact NECHE.

SIT has been approved to participate in the National Council for State Authorization Reciprocity Agreements.

Learn more about SIT's accreditation.



## HOW TO APPLY

### 1 FIND A PROGRAM:

Visit [studyabroad.sit.edu](http://studyabroad.sit.edu) for complete program descriptions and course syllabi.

### 2 TALK TO YOUR ADVISORS:

Visit your home college's study abroad office and meet with your academic advisor.

### 3 APPLY:

Apply online at:  
[studyabroad.sit.edu/apply](http://studyabroad.sit.edu/apply)  
Contact the SIT Study Abroad admissions office at [studyabroad@sit.edu](mailto:studyabroad@sit.edu), 888 272-7881 (toll-free in the US), or 802 258-3212 with questions.

### 4 FIND FINANCIAL AID AND SCHOLARSHIPS:

Talk to your home college's financial aid office and visit [studyabroad.sit.edu/scholarships](http://studyabroad.sit.edu/scholarships)

## SIT WORLD LANGUAGES CENTER

The SIT World Languages Center is committed to promoting and preserving indigenous and less commonly taught languages while also providing critical, specialized courses in widely studied languages. The Center is an international community of language educators and learners, which offers high-quality, innovative language-learning opportunities through online and in-person experiential courses for college credit. Explore the courses offered through the SIT World Languages Center.

## SIT GRADUATE INSTITUTE

SIT Graduate Institute, a pioneer in experiential education for more than 50 years, offers global master's degrees and post-graduate programs in the fields of climate change and global sustainability, conflict transformation and peace and justice leadership, international education, sustainable development, and TESOL. Discover SIT Graduate Institute's programs.





#### **WORLD LEARNING INC FAMILY**

The World Learning Inc. family includes the global development and exchange nonprofit World Learning; The Experiment in International Living, the nation's most experienced provider of international education through exchanges for high school students; and School for International Training (SIT), offering accredited undergraduate study abroad programs through SIT Study Abroad and internationally focused master's degrees through SIT Graduate Institute.



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**STUDYABROAD.SIT.EDU**