SIT is a leader in immersive, field-based study abroad programs for undergraduates. We offer more than 70 programs in Africa, Asia and the Pacific, Europe, Latin America, and the Middle East, as well as our comparative International Honors Programs (IHP) which span multiple locations. In addition to our rich history, our programs’ unique qualities—including exceptional locations, independent research, internships, cultural immersion, and deep networks of local partners—make our programs an ideal choice for an extraordinary and transformative study abroad experience.

SIT Study Abroad programs are interdisciplinary and appropriate for a variety of majors. This gives students the opportunity to grapple with the complexities of today’s most pressing issues in specific cultural and geographical contexts or comparatively across several countries.

SIT programs are developed around a framework of the most Critical Global Issues (CGIs) of our time—challenges that transcend borders to touch every human on the planet. We have developed this framework so that the next generation of leaders has the expertise and intercultural understanding to engage multiple identities, perspectives, and cultures in respectful, enduring, and meaningful responses. There are seven CGIs in our framework including: Climate & Environment, Development & Inequality, Education & Social Change, Geopolitics & Power, Global Health & Well-being, Identity & Human Resilience, and Peace & Justice. Explore SIT’s complete CGI Framework.

INTERNATIONAL HONORS PROGRAM

Beyond our traditional programs, the SIT portfolio also features IHP, which offers students the opportunity to compare and contrast a critical issue in multiple countries within the framework of SIT’s values of community, intercultural understanding, sustainability, social inclusion, and justice. These academically rigorous semester-long programs explore health, human rights, climate change, cities, or food systems across four continents. Students begin examining an issue in the United States and deepen their understanding as they travel to two additional countries. By analyzing issues and systems from a local to global scale, students begin to understand their complexity and the challenges of addressing them. Program themes and locations are developed simultaneously, with locations selected for their relevance to the subject and their contrasts with each other. The IHP curriculum is intensive and includes four courses taught by academics and field specialists, augmented by site visits and research. Learn more about IHP.
Pervasive inequality impacts individuals and communities worldwide. Where historic development practices have fallen short of lasting change, local responses offer innovative solutions to build more sustainable futures. Our programs explore these efforts to balance ecological sustainability, economic opportunity, and gender equity alongside the complexities of growth-centric development. Students become deeply aware of what it means to confront inequality as they witness firsthand the work of people engaged in creating more just and fair societies. Explore programs under our Development & Inequality CGI.
Please note that SIT will make every effort to maintain its programs as described. To respond to emergent situations, however, SIT may have to change or cancel programs. Please see the SIT Study Abroad website for the most up-to-date information, studyabroad.sit.edu.

• Program offers internship

SEMMESTER PROGRAMS

IMMERSIVE IN-PERSON

ARGENTINA
• Public Health in Urban Environments
  Examine urban epidemiology and the challenges and inequities in public health policy in Buenos Aires.
  sit.edu/arh

• Transnationalism & Comparative Development in South America
  Examine the social and economic development strategies of Argentina, Brazil, Paraguay, and Uruguay.
  sit.edu/ard

AUSTRALIA
• Sustainability & Environmental Action
  Surrounded by the inspiring beauty of Australia’s World Heritage areas, investigate sustainable ways of protecting the environment and promoting equality.
  sit.edu/asm

BOLIVIA
Multiculturalism, Globalization & Social Change
You will also expand your Spanish language skills related to social sciences through classroom learning, cultural immersion, homestays, and excursions. Advanced students may have the option to study Quechua or Bolivian literature.
  sit.edu/blr

CAMEROON
• Development & Social Change
  Examine development issues in Cameroon in the context of culture, politics, and the economy. Explore the Cameroonian immigrant experience in France.
  sit.edu/cmr

CHILE
• Cultural Identity, Social Justice & Community Development
  Explore Chile’s recent political and social history and how Chileans are reconciling with the past to create a more equitable and culturally inclusive society.
  sit.edu/cir

• Public Health, Traditional Medicine & Community Empowerment
  Learn about public health through traditional medicine and intercultural health practices, indigenous customs, community welfare, and social justice.
  sit.edu/chi

ECUADOR
Development, Politics & Languages
Study indigenous concepts of sustainability as it intersects with biological diversity, culture, and quality of life in Ecuador.
  sit.edu/ecr

GHANA
• Globalization, Cultural Legacies & the Afro-Chic
  Experience West Africa through immersion in Ghanaian cities, which challenge stereotypes of Africa and position the continent as a global economic, political, and cultural force.
  sit.edu/ghr

IHP CITIES IN THE 21ST CENTURY
People, Planning & Politics
Explore four major cities within the global economy and witness how citizens live, work, and organize to advance social justice in urban environments.
  sit.edu/ctc (fall) sit.edu/ctb (spring)

IHP CLIMATE CHANGE
The Politics of Land, Water & Energy Justice
Travel across four continents to witness the causes and social impacts of climate change and examine possibilities for local and global environmental justice.
  sit.edu/ccc

IHP FOOD SYSTEMS
Agriculture, Sustainability & Justice
Understand the dynamics of local food systems in a global context, exploring agriculture, food accessibility, global markets, sustainability, and social change.
  sit.edu/rfs
IHP HEALTH & COMMUNITY

Globalization, Culture & Care
Learn how communities around the world understand and strive for health and well-being.
sit.edu/hcd (track 1) sit.edu/hcc (track 2)

INDIA

Public Health, Gender & Community Action
Understand the pioneering links between public health, gender, and community action in India and Thailand.
sit.edu/inh

• Sustainable Development & Social Change
Explore India’s socioeconomic development and the new urgency in rethinking development to shape a sustainable global future.
sit.edu/ind

KENYA

• Global Health & Human Rights
Understand some of Kenya’s most pressing contemporary and societal challenges, including rapid urbanization, access to healthcare, and human rights.
sit.edu/ker

MALAYSIA & CHINA

• International Relations & New Economies
Develop new perspectives on global economic integration and trade while studying in Malaysia, China, Singapore, and Indonesia.
sit.edu/mye

MEXICO

• Migration, Borders & Transnational Communities
Discover the current realities and human impacts of undocumented migration, border enforcement, and the related international political and social tensions.
sit.edu/mxr

NEPAL

• Development, Gender & Social Change in the Himalaya
Witness Nepal’s challenges in balancing tradition and modernity, while negotiating economic, political, and social change in a dynamic period of its history.
sit.edu/npr

PERU

Indigenous Peoples & Globalization
Explore how indigenous peoples in Peru are adapting and innovating to preserve their cultural values and shape their own future in the face of globalization.
sit.edu/per

PORTUGAL

Sustainability & Environmental Justice
Learn how Portugal’s approach to sustainability and social equity challenges the core principles of mainstream economic theory.
sit.edu/por

SOUTH AFRICA

• Community Health & Social Policy
Examine community-based health in South Africa, exploring the roles of the state, the media, and nongovernmental organizations in mobilizing community assets.
sit.edu/sfh

• Multiculturalism & Human Rights
Discover historical and contemporary multiculturalism, ethnicity, and identity in South Africa.
sit.edu/sfp

• Social & Political Transformation
Explore the politics and culture of rapidly changing South Africa, as well as Swaziland and Mozambique, while engaging with renowned artists and intellectuals.
sit.edu/sfd

SWITZERLAND

• Banking, Finance & Social Responsibility
Discover the dynamic fusion of macroeconomics and global finance with social responsibility and sustainable business in Switzerland and Greece.
sit.edu/szf

TANZANIA

Wildlife Conservation & Political Ecology
Explore the balance between ecological concerns and socioeconomic objectives in the vast wilderness expanses of northern Tanzania.
sit.edu/tze

Zanzibar—Coastal Ecology & Natural Resource Management
Explore ecology, natural resource management and sustainability in Tanzania-Zanzibar, on the islands of Unguja, Mafia, and Pemba in the Western Indian Ocean, and mainland Tanzania.
sit.edu/tzz

UGANDA

• Global Development Studies
Examine contemporary development debates that focus on globalization and its impact on Uganda, with case studies on environment, health, gender, and civil society in the vibrant city of Kampala.
sit.edu/ugd
VIETNAM

• Culture, Social Change & Development
Examine economic and social change in the cultural context of Vietnam, one of Asia’s most dynamic and rapidly changing countries.
sit.edu/vnr

VIRTUAL INTERNSHIPS

INDIA

• Virtual Internship in Environment, Development & Sustainability
Gain professional, intercultural experience interning with a community organization, NGO, or private enterprise focused on environment, development, and sustainability.
sit.edu/ine

• Virtual Internship in Public Health, Community Action & Response to Covid-19 Pandemic
Gain professional experience interning remotely with an Indian community health organization, think tank, or research institute to learn about the public health response to the COVID-19 pandemic.
sit.edu/inv

PANAMA

• Virtual Internship in Sustainable Community Development
Gain professional, intercultural experiences interning at a Panamanian sustainable community development organization or NGO seeking to create positive change.
sit.edu/pnv

VIETNAM

• Virtual Internship in Development & Gender
Gain professional skills and cross-cultural experience by interning with a community organization, NGO, or business focused on sustainable development and gender in Vietnam.
sit.edu/vni

ONLINE LANGUAGE COURSES

Online language courses are also available during the summer. Please visit the SIT World Languages Center to learn more.

CHILE
Spanish Language
sit.edu/cis

INDIA
Hindi Language
sit.edu/inl

INDONESIA
Bahasa Indonesia Language
sit.edu/abb

JORDAN
Arabic Language
sit.edu/joa

NEPAL
Nepali Language
sit.edu/npn

Tibetan Language
sit.edu/npl

PERU
Quechua Language
sit.edu/peq

SENegal
French Language
sit.edu/sgf

TANZANIA
Swahili Language
sit.edu/tzs

VIETNAM
Vietnamese Language
sit.edu/vnv

SUMMER

Online language courses are also available during the summer. Please visit the SIT World Languages Center to learn more.

IMMERSIVE IN-PERSON

INDONESIA
Biodiversity & Conservation in Bali & Borneo
Examine biodiversity, conservation, resource-use patterns, and the restoration of wildlife on the exotic islands of Bali and Borneo.
sit.edu/abe

INDIA
Traditional Medicine & Healthcare Practices
Gain a deep understanding of how India nurtures its vibrant, ancient traditional medicine systems while experiencing economic growth and modernization.
sit.edu/inm
MALAYSIA

• Virtual Internship in Finance & Social Entrepreneurship
  Gain professional, intercultural experience in finance or social entrepreneurship by interning at a Malaysia-based company or social enterprise.
  sit.edu/myv

JORDAN

Engineering & Design for Sustainable Environments
Explore human-centered design and technologies for renewable energy, sustainable farming and water use in arid climates.
sit.edu/jod

• Community Empowerment & Climate Change Internship
  Gain professional experience with a UN or government agency or NGO working with youth and vulnerable groups on community empowerment and environmental sustainability.
sit.edu/job

KENYA

• Public Health in the Tropics Internship
  Explore the complexities of public health promotion and practice in Kenya and the tropics while gaining practical professional experience in public health.
sit.edu/ikh

MADAGASCAR

Traditional Medicine & Healthcare Systems
Examine how history, geography, biodiversity, and demographics shape traditional and allopathic healthcare, and explore plant-based and traditional medicine.
sit.edu/mgh

PANAMA

• Community & Nongovernmental Organizations Internship
  Get professional, intercultural experience interning at a Panamanian community or nongovernmental organization seeking to create positive change.
sit.edu/ipc

SOUTH AFRICA

Education & Social Change
Understand the challenges and successes of transforming education and explore its role in the rapidly changing social and political contexts of South Africa.
sit.edu/sfk

• Social Justice & Activism Internship
  Gain professional experience at a nonprofit organization, study apartheid, and understand the history, ideas, values, and practice of social justice in South Africa.
sit.edu/isa

SPAIN

Sustainable Urban Development & Social Justice
Explore different approaches Spanish cities are taking to pursue sustainable urban development while confronting social justice issues.
sit.edu/spu

TANZANIA

Climate Change & Sustainability, Mount Kilimanjaro to Zanzibar
Study climate change, its human impacts, and national and local solutions in northern and coastal Tanzania.
sit.edu/tzc

UGANDA & RWANDA

Peace & Conflict Studies in the Lake Victoria Basin
Understand the root causes of structural and direct conflict and genocide while examining measures to foster resettlement and reconciliation in Uganda and Rwanda.
sit.edu/ugp

VIETNAM

• Nongovernmental Organization Internship
  Get professional, intercultural experience as you intern at a Vietnamese nongovernmental organization seeking to create inclusive and sustainable change.
sit.edu/ivn

VIRTUAL INTERNSHIPS

MALAYSIA

• Virtual Internship in Finance & Social Entrepreneurship
  Gain professional, intercultural experience in finance or social entrepreneurship by interning at a Malaysia-based company or social enterprise.
sit.edu/myv
SCHOLARSHIPS & GRANTS
Each year, SIT awards more than $1.6 million in scholarships and grants to our students. SIT is committed to helping students from diverse economic backgrounds experience field-based international education. Our scholarships are awarded to highly qualified students who demonstrate financial need. Individual awards generally range from $500–$3,000 for summer programs and up to $5,000 for semester programs. Learn more about applying for scholarship and grants to fund your study abroad.

SIT PROGRAM PROTECTION
SIT is an investment in your future. Here’s how we help you protect it.

As you build a strong foundation for your future, you can invest with confidence in SIT. We are committed to protecting your investment in case of program suspensions due to health, safety, or security concerns. As an SIT student, you are entitled to protective measures, which, depending on circumstances, may include refunds, reimbursements, or options to change programs or defer. Learn more about how SIT protects your investment.

OUR COMMITMENT TO RESPECT & RESPONSIBILITY
A primary goal of SIT Study Abroad is to promote understanding among people from different parts of the world. This can only be realized if SIT students are committed to respecting others and taking responsibility for their own actions. As such, SIT maintains a set of clear policies regarding student behavior which are outlined in our Student Handbook.

ACCREDITATION
SIT is accredited by the New England Commission of Higher Education (formerly the Commission on Institutions of Higher Education of the New England Association of Schools and Colleges, Inc.). Inquiries regarding the accreditation status should be directed to the administrative staff of SIT. Individuals may also contact NECHE.

SIT has been approved to participate in the National Council for State Authorization Reciprocity Agreements.

Learn more about SIT’s accreditation.
SIT WORLD LANGUAGES CENTER

The SIT World Languages Center is committed to promoting and preserving indigenous and less commonly taught languages while also providing critical, specialized courses in widely studied languages. The Center is an international community of language educators and learners, which offers high-quality, innovative language-learning opportunities through online and in-person experiential courses for college credit. Explore the courses offered through the SIT World Languages Center.

SIT GRADUATE INSTITUTE

SIT Graduate Institute, a pioneer in experiential education for more than 50 years, offers global master’s degrees and post-graduate programs in the fields of climate change and global sustainability, conflict transformation and peace and justice leadership, international education, sustainable development, and TESOL. Discover SIT Graduate Institute’s programs.

HOW TO APPLY

1 FIND A PROGRAM:
Visit studyabroad.sit.edu for complete program descriptions and course syllabi.

2 TALK TO YOUR ADVISORS:
Visit your home college’s study abroad office and meet with your academic advisor.

3 APPLY:
Apply online at: studyabroad.sit.edu/apply
Contact the SIT Study Abroad admissions office at studyabroad@sit.edu, 888 272-7881 (toll-free in the US), or 802 258-3212 with questions.

4 FIND FINANCIAL AID AND SCHOLARSHIPS:
Talk to your home college’s financial aid office and visit studyabroad.sit.edu/scholarships
The World Learning Inc. family includes the global development and exchange nonprofit World Learning; The Experiment in International Living, the nation’s most experienced provider of international education through exchanges for high school students; and School for International Training (SIT), offering accredited undergraduate study abroad programs through SIT Study Abroad and internationally focused master’s degrees through SIT Graduate Institute.